

Ashleworth C of E and Churcham Primary Schools

PSHE & RSE Statement of Curriculum Intent, Implementation and Impact

Personal, Social Health Education (PSHE) including Relationships Sex Education (RSE) is at the heart of our school values and ethos and runs throughout all that we do.

Our PSHE/RSE curriculum aims to enable our children to become healthy, safe, independent, responsible members of society who demonstrate respect and tolerance and who are prepared to face and manage the challenges and opportunities of an ever-changing modern Britain.

We will:

- Help pupils aspire to be the best they can be, to have aspirations for their future and know what is required to reach them
- Provide opportunities for our pupils to learn about rights and responsibilities and to know what it means to be a valuable member of a diverse society. We will help them to understand and consider the moral, social and cultural issues that are part of growing up in Modern Britain
- Deepen our pupils' understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance
- Develop their sense of self-worth by playing a positive role in contributing to school life and the wider community
- Stimulate, nurture and challenge their spiritual, moral, social and cultural curiosity
- Help pupils to understand the importance of their physical and mental health, understand emotions and feelings and have strategies to help them become resilient and confident so that they are ready for their transition to their next school
- Help pupils to have a good understanding of themselves, to have empathy, an ability to work with others and to form and maintain positive relationships treating everyone equally with tolerance and respect
- Teach our pupils' age-appropriate understanding of healthy relationships through our structured programme of RSE
- Teach our pupils about personal safety (online and off) and we will ensure pupils know when and how to get help if needed
- Encourage all of our pupils to be the very best versions of themselves

Implementation: How we deliver our curriculum

- PSHE/RSE runs throughout all that we do
- Pupils are taught weekly lessons in mixed age groups
- Staff follow the SCARF programme to plan and deliver their lessons. This is a spiral curriculum allowing pupils to build upon and revisit all aspects. The statutory RSE curriculum is taught. Our curriculum is split into 6 themes:
 - Me and My Relationships
 - Valuing Differences
 - Keeping Myself Safe
 - Rights and Responsibilities
 - Being My Best
 - Growing and Changing

- Lessons are adapted to meet pupil needs and to deal with any issues that arise
- Lessons are delivered in a way that ensures pupils feel safe and encourages participation by using a variety of teaching approaches with opportunities to develop critical thinking and relationship skills
- Assemblies, special event days, visits and visitors are used to support and enhance learning
- We work in close partnership with parents ensuring they are informed about what their children are learning

Lessons and School Ethos

- Promote safe, equal, caring and enjoyable relationships and we discuss real-life issues appropriate to the age and stage of our pupils
- Give a positive view of human sexuality, with honest and medically accurate information, so that pupils can learn about their bodies and sexual and reproductive health in ways that are appropriate to their- age and maturity
- Gives pupils opportunities to reflect on values and influences (peers, media, faith and culture) that may shape their attitudes to relationships and sex, and nurtures respect for different views
- Includes learning about how to get help and treatment from a variety of sources
- Fosters gender equality and LGBT+ (lesbian, gay, bisexual, trans) equality and challenges all forms of discrimination
- Meets the needs of all pupils with their diverse experiences, including those with special education needs and disabilities

Impact: What difference is the curriculum making to our pupils?

- We are proud of the PSHE/RSE work that we deliver at Ashleworth and Churcham, the evidence being seen through the well-rounded, confident, tolerant and independent pupils that leave us
- The pupils attitude, behaviour and demeanour around school, within lessons, during free time and within the wider community demonstrates the respect, tolerance and high aspirations they have of themselves and each other
- Pupils leave us ready for their next phase of learning and are armed with skills, knowledge and understanding that they can take forward into adulthood
- Our pupils leave us prepared for life in an ever-changing world. They have the tools they need to succeed, keep themselves safe and thrive